

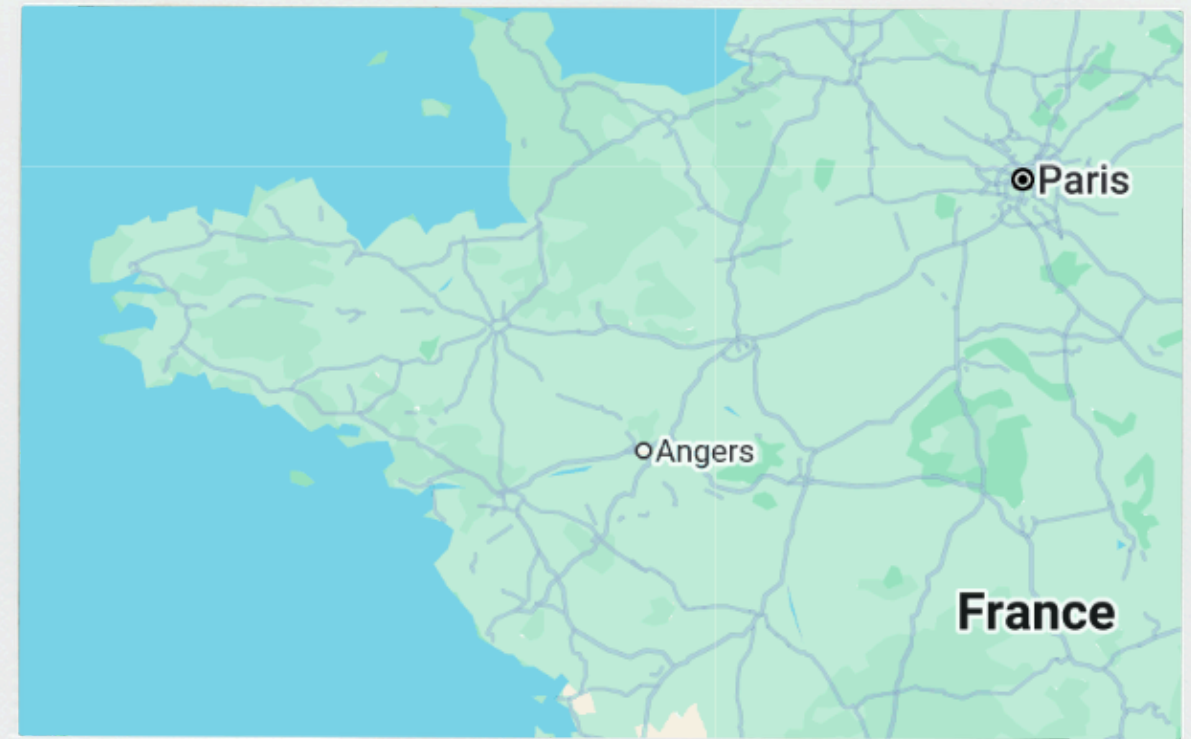
# Européens *et* **Solidaires**

from September 1, 2026, to  
April 30, 2027

**ANGERS, FRANCE**



# ANGERS



ANGERS IS A VIBRANT AND WELCOMING CITY IN THE WEST OF FRANCE, KNOWN FOR ITS RICH HISTORY, GREEN LIFESTYLE, AND LIVELY STUDENT ATMOSPHERE.

LOCATED IN THE BEAUTIFUL LOIRE VALLEY, ANGERS OFFERS THE PERFECT BALANCE BETWEEN CULTURE, NATURE, AND MODERN LIVING. WITH ITS FRIENDLY COMMUNITY, DYNAMIC CULTURAL EVENTS, CAFÉS, PARKS, AND EASY ACCESS TO OTHER FRENCH CITIES, IT IS AN IDEAL PLACE FOR YOUNG VOLUNTEERS TO LIVE, LEARN, AND GROW.

VOLUNTEERING IN ANGERS IS A UNIQUE OPPORTUNITY TO DISCOVER FRENCH CULTURE, MEET PEOPLE FROM ALL OVER EUROPE, AND DEVELOP NEW PERSONAL AND PROFESSIONAL SKILLS IN AN INSPIRING ENVIRONMENT



# About Unis-Cité

Unis-Cité is a French non-profit organization founded in 1994 and recognized as a pioneer of civic service in France. Its main mission is to encourage young people aged 16 to 25 (up to 30 for people with disabilities) to engage in community service projects that benefit society.

The organization offers volunteer missions in areas such as social solidarity, environmental protection, education, health, and inclusion.

Unis-Cité also promotes teamwork, social diversity, and personal development by helping volunteers gain experience, skills, and confidence for their future careers and civic engagement.



# Européens et Solidaires

**10 French volunteers and 10 European volunteers,  
for a shared intercultural adventure**

✦✦✦ divided into teams of 4 (2 French and 2 Europeans)

✦✦✦ a cultural and linguistic exchange that enriches everyone



# **MISSION 1**

## **SOLIDARITE SENIORS**

**From September to March**



**PAY WEEKLY VISITS  
TO ISOLATED EDERLY  
PEOPLE**



**ORGANISE GROUP  
ACTIVITIES FOR  
EDERLIES**

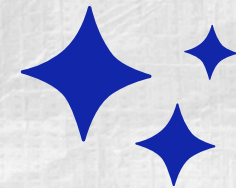


**WORK CLOSELY WITH ALL  
PROJECT PARTNERS (NURSING  
HOMES, HEALTH FACILITIES)**

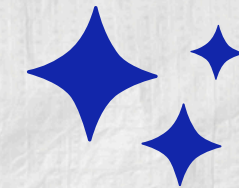
# MISSION 2

## Promote Europe and encourage mobility programmes

From March to April



**CREATE AND ANIMATE  
EVENTS TO PROMOTE EUROPE  
AND EUROPEAN  
VOLUNTEERING**



**WORK WITH FRENCH  
VOLUNTEERS AND HELP  
THEM TO PREPARE THEIR  
OWN MOBILITY**

# A TYPICAL WEEK at Unis-cité



## **MONDAY**

MEETING WITH THE WHOLE  
GROUP + VISITS TO ELDERLIES

## **WEDNESDAY**

FRENCH TRAINING + VISITS  
TO ELDERLIES

## **TUESDAY**

VISITS TO ELDERLIES OR  
COLLECTIVE ACTIVITIES

## **THURSDAY**

TEAMS MEETINGS + VISITS  
TO ELDERLIES

THE SCHEDULE WILL BE DIFFERENT FOR THE SECOND PHASE OF THE MISSION, WHICH WILL FEATURE ACTIVITIES ON THE THEME OF EUROPE

# WHAT WE PROVIDE



**Accomodation at a youth residence**

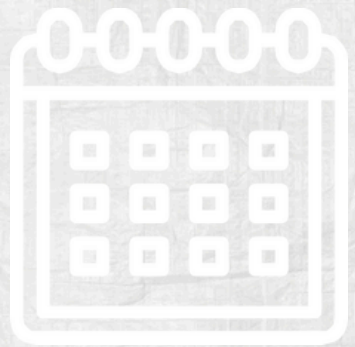


**Food allowance + Pocket money**



**Public transportation**

# Conditions



## DURATION

8 months, from September 1st, 2026 to April 30th 2027

## WHAT WE EXPECT FROM YOU

You speak some French or you want to learn it  
No diploma required

You are **MOTIVATED**





# Want to join us?

Please contact Nahomé Triballier, project coordinator, by sending your resume and cover letter



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