

ALTOPIANO DELLA VIGOLANA, ITALY

05.09 - 12.09.2025

YOUTH EXCHANGE

BIOSPHERE GUARDIANS 2050



INTRODUCTION

BIOSPHERE GUARDIANS 2050

The main aim of the "Biosphere Guardians 2050" project is to empower young people to become active social change-makers by acquiring new skills, knowledge and environmental understanding.

The "Biosphere Guardians 2050" project is an 8 day youth exchange that brings together 25 young people from Italy, France, Ireland, Lithuania and Germany to develop collaborative games (table top, boardgames, LARP) imagining the world in 2050, while learning about biodiversity and sustainability and making art sessions.



activities

WHAT

Throughout the week we will explore and create different collaborative games such as the international table top role playing game Biosphere Guardians 2050, LARP sessions, creating a new game, reflecting on the environmental challenges, learning about the biodiversity of the area, doing art workshops and much much more.

FRIDAY 05/09

This day is all about arrivals, discovering the space and surroundings of our youth exchange location and getting a good rest after a long day of travelling

SATURDAY 06/09

The next day is dedicated to getting to know each other, talk about the program and TTRPG sessions.

SUNDAY 07/09

This day is dedicated, through parallel workshops, to the main activities of the youth exchange: LARP, art sessions, boardgame creation, Biosphere Guardians2050 adventures.

MONDAY 08/09

This day is dedicated to experiencing the local mountain area, hiking to Rifugio Casarotta and getting deeper into the activities of the youth exchange.

TUESDAY 09/09

Tuesday we will explore Trento, visit interactive environmental exhibitions, meet local experts and enjoy the city.

WEDNESDAY 10/09

This day is dedicated, through parallel workshops, to wrapping up the main activities of the youth exchange: LARP, art sessions, boardgame creation, Biosphere Guardians2050 adventures.

THURSDAY 11/09

The last day is dedicated to evaluating the activities of the youth exchange and offer space to the group to share their experience.

FRIDAY 12/09

This day is all about departures and see you soon goodbyes.



WHERE

● TRENTO, ITALY

We will meet in Trento, a beautiful town with a population of about 120,000 inhabitants. Trento is situated in the north of Italy, near the border with Austria, and is known for its beautiful countryside, with lovely mountains and lakes. It is an excellent opportunity for hiking, sailing, and mountain bikes trips.

● ACCOMMODATION

The hosting structure is located in Altopiano della Vigolana, a beautiful village next to Trento, situated in a valley at the base of the mountains and nearby Lake Caldonazzo. The shared rooms are divided between 2 structures, there is a music room, open space and a fully equipped kitchen for preparing delicious meals.



HOW

The exchange will be organized as "self management". We will be divided in groups and we will prepare delicious meals and international dinners.

Think of a typical dish your group could prepare, as well as some typical traditional activities your group would like to share during the youth exchange.

The free time activities in the evenings will be co-organized together with the group and will vary between music nights, movie nights, boardgames, language exchanges, dance nights and much more.



international TRAVEL

Actual travel expenses from the country of residence to the place of exchange will be reimbursed up to the amount indicated below. The refund will be made up to 2 months after the return day, after receiving the complete travel documents (original paper tickets and boarding passes, invoices where we can see the name of the participant and the amount spent). The maximum amount of travel costs will be calculated according to your residence in your country up to the place where the exchange takes place.

You can calculate the amount using the official link.

ELIGIBLE TRANSPORTATION

Participants must travel by public transportation (plane, train, buses) in the dates specified (5th and 12th) in order to get the reimbursement.

Please find the information about the reimbursement of the travel expenses according to Erasmus plus criteria.

BE GREEN AND GET DIGITAL TICKETS

...it's easier for reimbursement too



Travel distance	Green travel	Non-Green travel
10 – 99 km	56 EUR	28 EUR
100 – 499 km	285 EUR	211 EUR
500 – 1999 km	417 EUR	309 EUR
2000 – 2999 km	535 EUR	395 EUR
3000 – 3999 km	785 EUR	580 EUR
4000 – 7999 km	1188 EUR	1188 EUR

GREEN TRAVEL

TRAIN

BUS

CARPPOOLING

BIKE

*for DISTANCES BELOW 1500km it is RECOMMENDED to CHOOSE A GREEN TRAVEL itINerArY



what to bring? CHECKLIST

We will be spending together 8 days (including your travel days) in a city in the mountain range, doing many different activities both within the accommodation center, as well as outside. Here is a list of what you should bring with you :)

Essentials

toiletries
hairdryer
warm clothes*
comfortable clothes
indoor shoes**
comfortable shoes for hiking
reusable water bottle
personal medication
waterproof jacket
backpack

AND more

typical food/items from your country
musical instrument/game***
curiosity
positive vibes

*mornings and evenings are a bit breezy here in Trentino
** it might be rainy, so we will leave the dirty/wet shoes at the entrance
*** optional in case you have space/for your free time





join us

THE GROUP

5 COUNTRIES | 25 PARTICIPANTS

↪ ITALY ↪ GERMANY ↪ FRANCE

↪ IRELAND ↪ LITHUANIA

age 18-26*

* eligible range 14 - 30 years old

motivated to be active
passionate about games
dedicated to protect our planet
happy to discover new cultures