

ALTOPIANO DELLA VIGOLANA, ITALY

05.09 - 12.09.2025

# YOUTH EXCHANGE

BIOSPHERE GUARDIANS 2050





# INTRODUCTION

## BIOSPHERE GUARDIANS 2050

The main aim of the "Biosphere Guardians 2050" project is to empower young people to become active social change-makers by acquiring new skills, knowledge and environmental understanding.

The "Biosphere Guardians 2050" project is an 8 day youth exchange that brings together 33 young people from Italy, Wales, Ireland, Lithuania and Germany to develop collaborative games (table top, boardgames, LARP) imagining the world in 2050, while learning about biodiversity and sustainability and making art sessions.





# activities

## WHAT

Throughout the week we will explore and create different collaborative games such as the international table top role playing game Biosphere Guardians 2050, LARP sessions, creating a new game, reflecting on the environmental challenges, learning about the biodiversity of the area, doing art workshops and much much more.

FRIDAY 05/09

This day is all about arrivals, discovering the space and surroundings of our youth exchange location and getting a good rest after a long day of travelling

SATURDAY 06/09

The next day is dedicated to getting to know each other, talk about the program and TTRPG sessions.

SUNDAY 07/09

This day is dedicated, through parallel workshops, to the main activities of the youth exchange: LARP, art sessions, boardgame creation, Biosphere Guardians2050 adventures.

MONDAY 08/09

This day is dedicated to experiencing the local mountain area, hiking to Rifugio Casarotta and getting deeper into the activities of the youth exchange.

TUESDAY 09/09

Tuesday we will explore Trento, visit interactive environmental exhibitions, meet local experts and enjoy the city.

WEDNESDAY 10/09

This day is dedicated, through parallel workshops, to wrapping up the main activities of the youth exchange: LARP, art sessions, boardgame creation, Biosphere Guardians2050 adventures.

THURSDAY 11/09

The last day is dedicated to evaluating the activities of the youth exchange and offer space to the group to share their experience.

FRIDAY 12/09

This day is all about departures and see you soon goodbyes.





# WHERE

## ● TRENTO, ITALY

We will meet in Trento, a beautiful town with a population of about 120,000 inhabitants. Trento is situated in the north of Italy, near the border with Austria, and is known for its beautiful countryside, with lovely mountains and lakes. It is an excellent opportunity for hiking, sailing, and mountain bikes trips.

## ● ACCOMMODATION

The hosting structure is located in Grumes, a beautiful village next to Trento, situated in a valley at the base of the mountains. There will be shared rooms, movie room, garden, open space and a fully equipped kitchen for preparing delicious meals.





# HOW

The exchange will be organized as "self management". We will be divided in groups and we will prepare delicious meals and international dinners.

Think of a typical dish your group could prepare, as well as some typical traditional activities your group would like to share during the youth exchange.

The free time activities in the evenings will be co-organized together with the group and will vary between music nights, movie nights, boardgames, language exchanges, dance nights and much more.







# what to bring? CHECKLIST

We will be spending together 8 days (including your travel days) in a city in the mountain range, doing many different activities both within the accommodation center, as well as outside. Here is a list of what you should bring with you :)

## Essentials

toiletries  
hairdryer  
warm clothes\*  
comfortable clothes  
indoor shoes\*\*  
comfortable shoes for hiking  
reusable water bottle  
personal medication  
waterproof jacket  
backpack

## AND more

typical food/items from your country  
musical instrument/game\*\*\*  
curiosity  
positive vibes

\*mornings and evenings are a bit breezy here in Trentino  
\*\* it might be rainy, so we will leave the dirty/wet shoes at the entrance  
\*\*\* optional in case you have space/for your free time







join us

# THE GROUP

5 COUNTRIES | 33 PARTICIPANTS



ITALY



GERMANY



WALES



IRELAND



LITHUANIA

age 18-26\*

\* eligible range 18 - 30 years old

motivated to be active  
passionate about games  
dedicated to protect our planet  
happy to discover new cultures