



STREET SOCCER FOR PEACE AS TOOL FOR SOCIAL INCLUSION

Cercedilla (Madrid - Spain) 5th - 10th November 2017

PRACTICAL INFORMATION FOR PARTICIPANTS





Dear participant,

We are looking forward to meeting you at the **Street soccer for peace as tool for social inclusion** training course that will take place in Cercedilla (Madrid – Spain) **from 5**th **to 10**th **November 2017** (<u>Arrival on 5</u>th and departure on 10th).

In this Infopack we have included the main practicalities about logistics and other useful information. Please read it carefully and do not hesitate to ask at info@learningbyplaying.eu if you have further questions!

Before getting to the practicalities of the event, we'd like to remind you that attending all of the activities/sessions during the training course is mandatory and active participation is expected from all the participants.

BACKGROUND

Street soccer for peace as tool for social inclusion is a training course that aims to equip participants with the methodology street soccer for peace, a tool to promote social inclusion through sports.

This methodology has been developed in the city of Medellín (Colombia) in order to promote peace through sport in conflict areas. It has also been successfully implemented in peacebuilding processes in marginalized areas in both Latin America and Europe, proving to be an effective tool for the integration of young people with fewer opportunities.

In Street Soccer for Peace as a tool for social inclusion we want to deepen the use of this methodology in the field of social inclusion, exploring different dimensions in addition to the one for which it was originally created: work with refugees, gender equality, work with youngsters with immigrant background, etc.





THE VENUE

The training course will take place in **Cercedilla (Madrid)**, a small village by the Sierra de Guadarrama mountains, 60 km away from Madrid.

We will stay at the Youth Hostel <u>Villa Castora</u>. You will be lodged **in double, triple or quadruple shared rooms**. Accommodation and board will be provided and funded by the Club Rivas Futsal. We'll do all our best to have double rooms, but we cannot quarantee it.

Free wifi is available in the premises. However, take into account that there is not broadband and WiFi does not work properly in certain areas and rooms.



Villa Castora Youth Hostel
Ctra. de las Dehesas, 29, 28470
Cercedilla, Madrid
http://bit.ly/2xs9qxZ







INSURANCE

As a member of the European Union, Spain has signed several agreements for the recognition of insurance systems. Holders of European insurance card should therefore be covered against illness and accidents in the same way as they are in their country. Please bring with you this card.

http://ec.europa.eu/social/main.jsp?catId=559

The Club Rivas Futsal will additionally take out insurance specifically for this training course. However, our insurance will assume no liability that EU health insurance card might cover! In any case, please remember that health insurance as well as travel insurance is your responsibility.

Summing up, don't forget to bring your insurance card with you and take out additional insurance is needed!

VISA

To enter Spain, you need a valid identity document (passport or identity card). Whether you need a Visa for entry depends on your nationality. Visa is not required for EU and EFTA nationals.

In case you need a Visa, make sure to apply for it far in advance because it can take weeks. If you need an invitation or confirmation letter from our side, please let us know as soon as possible.

CURRENCY

The currency in Spain is the **Euro**. Keep in mind that food and lodging is covered by the Club Rivas Futsal, so you will only need money for your private expenses. As reference, a coffee costs around $1'2 \in$, a beer (33cl) $2 \in$, a daily fixed menu approximately $10 \in$ and a loaf of bread more or less $0'75 \in$.

At Villa Castora Youth Hostel there are vending machines where you can buy soft drinks or small snacks (prices around 1€, depending what do you buy).

WHAT TO BRING

We kindly ask you to bring:

 Some gastronomic specialties (food and/or drinks) for the International Evening. (Please note that it's not possible to cook or heat up any food at the training centre!) If you wish, you can also bring some maps, posters or postcards about your country/region/town to be displayed during the International Evening... and why not to play some games, listen some





(typical) music or enjoy some dances?!?! It'd be lovely to share those things too!

- Leaflets, flyers, brochures and any other material from your organization... we're plan to run an Organization Fair where you will have the chance to present your entity to the rest of the participants.
- Sport clothes and rubber shoes. Since street soccer for peace is a sport based methodology, we will simulate a street soccer for peace match in order to make participants aware of the methodology.
- Shampoo, gel, toothpaste, etc. but you don't need to bring towels.

That's all for now... we will let you know about if something else is needed!

FORECAST

Although we will be in Spain, it's not all sun and warm weather! Weather may change, especially by night! If you just want to check the forecast before coming, please check the following link: http://www.aemet.es/en/eltiempo/prediccion/municipios/cercedilla-id28038





TRAVEL

For any questions regarding the travel costs, please do not hesitate to contact us. As soon as you have your travel details, please inform us. We would appreciate to have your travel information by Friday 20^{th} October.

...Anyway the sooner, the better... (Thanks in advance for your help!)

ARRIVAL

The training course starts on November 5th. Check-in at Villa Castora Youth Hostel will take place around 19:30 (time to be confirmed once collected the group travel details)

The first meal covered by the program will be the dinner on November 5th.

HOW TO GET THERE

The easiest way to arrive is by plane. Madrid sole international airport is Adolfo Suarez – Madrid Barajas Airport: http://www.aena.es/en/madrid-barajas-airport/index.html

At the Terminal 4 of Madrid Barajas Airport, we recommend to take a sub-urban train (in Spanish "Cercanias") to Madrid Chamartin train station. Two sub-urban train lines operate this line C1 and C10. In no more than 15 minutes you will be at Chamartin train station.

Please, keep in mind that Terminal 1, 2 and 3 are located in a different building than Terminal 4. There is a free shuttle service between the terminals that takes around 10 minutes to complete the route.

Once in Chamartin, you should take another train that will take you to Cercedilla. This one runs every hour and takes 70 minutes to complete the route.

¹ Not to be confused with the Underground (Metro in Spanish)





Origen : Chamartin

Destino : Cercedilla

Día de viaje: : 05-11-2017

| Línea | Hora Salida | Hora Llegada | Tiempo de Viaje |
|-------|-------------|--------------|-----------------|
| C2 | 07.15 | 08.23 | 1.08 |
| C2 | 08.15 | 09.21 | 1.06 |
| C2 | 08.45 | 09.45 | 1.00 |
| C2 | 09.15 | 10.21 | 1.06 |
| C2 | 10.15 | 11.21 | 1.06 |
| C2 | 11.16 | 12.21 | 1.05 |
| C2 | 12.15 | 13.21 | 1.06 |
| C2 | 13.15 | 14.21 | 1.06 |
| C2 | 14.15 | 15.21 | 1.06 |
| C2 | 15.15 | 16.23 | 1.08 |
| C2 | 16.15 | 17.21 | 1.06 |
| C2 | 17.15 | 18.21 | 1.06 |
| C2 | 18.15 | 19.23 | 1.08 |
| C2 | 19.15 | 20.23 | 1.08 |
| C2 | 20.15 | 21.21 | 1.06 |
| C2 | 21.16 | 22.21 | 1.05 |
| C2 | 22.17 | 23.23 | 1.06 |
| C2 | 23.15 | 00.19 | 1.04 |
| | | | |

Once in Cercedilla, we can alternatively pick you up at the train station or wait for you at the Youth Hostel if you feel like having a walk to the hostel (1 km from the train station)

IMPORTANT: The recommended arrival time at Villa Castora is 19:30 in order to proceed with the CheckIn, to have dinner together and to run a "Getting to know each other activity".

If you're unable to arrive at that time, please, keep in mind that although the last train to Cercedilla runs at 23:15 it will arrive at 00:19, after Hostel closing time. Therefore, we kindly ask to take the sub-urban train leaving Chamartin train station at 22:17 at latest.

Please, take into account that if you're unable to take to catch the train we'll be unable to pick you up from Madrid. That's why we'd kindly invite you to allocate enough time between your landing at Madrid Airport and the departure of the train in order to make sure you will be able to take the sub-urban train to Cercedilla at 22:17.

DEPARTURE

Departure day is November 10th.

As for the arrival, the only way to arrive to Madrid is via Sub-urban train. Please, mind that the first sub-urban train leaves Cercedilla at 5:59am and arrives to Chamartin a 7:05am. Therefore, we recommend not to book any flight leaving Madrid before 10am.

The last meal covered by the program will be the breakfast on November 10th.





CONTACT PERSON:

Sergio López-Andújar Alonso <u>proyectos@rivasfutsal.com</u> +34 654 39 63 76 (WhatsApp available)

We wish you a pleasant journey and look forward to meeting you.

iHasta Pronto!