



**Infopack for you!**

**Comenius School**



***Dear applicant! Thank you for your interest in our project! In this little document you can find all the information which can be useful before applying. If you have any questions, please, email us (evs@incoweb.org)!***

**Hosting organisation:** Comenius School

Some words about Trento.

Trento is the capital city of the autonomous province of Trentino Alto-Adige, situated in the Adige river valley in North Italy. The city has a population of around 120.000 inhabitants excluding the periphery layouts and is a major educational, scientific and political centre with sheltering the University of Trento which is ranked among the best universities in Italy and in Europe. Having the advantage of being a university city, Trento enjoys a number of student oriented cultural activities also at an international level.

Trento is well-connected to the neighboring cities through railway, among others:

Verona in about one hour  
Bolzano in 40 minutes and  
Vicenza in 1,5 hours.



Within easy commute, also, is located the Caldonazzo Lake and the famous Garda Lake which can be reached in about 1,5hours from Trento. The city has a picturesque Medieval and Renaissance historic centre, with typical ancient buildings and touristic attraction points such as the Trento Cathedral and the Castello del Buonconsiglio.

Keep in mind that there are many students in Trento, but they are here to study and there is no nightlife, no discos and most bars close at midnight :-)



## **INCO ASSOCIAZIONE INTERCULTURALITÀ & COMUNICAZIONE**

Is a non-profit organization established in 2004 by a group of friends who wanted to develop international exchange, mutual understanding, and intercultural sensitivity in youngsters.

InCo has the objective of furthering international exchanges between youth, increasing and improving the level of contact among different cultures, stimulating intercultural sensibility and preventing and combating racism, prejudices and social exclusion.

InCo is both a sending organization for ESC volunteers and a co-ordinating organization for different host projects which host independent volunteers (MTV and LTV).

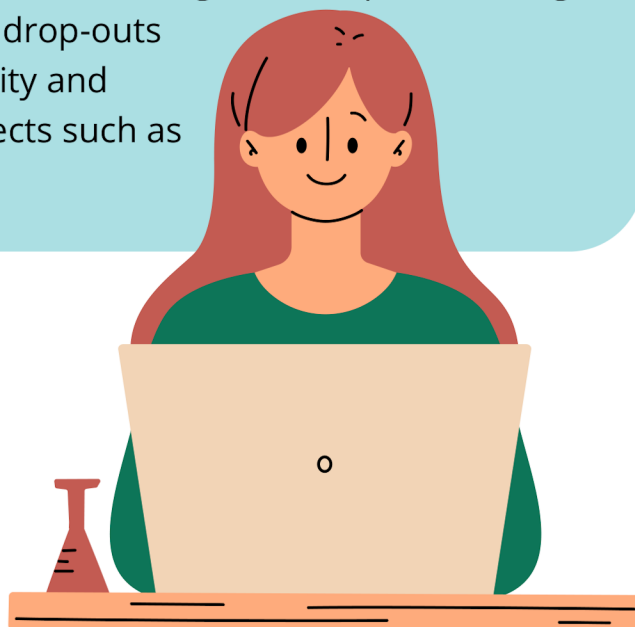
## **ISTITUTO COMPRENSIVO COMENIUS**

The Comprehensive School "J. A. Comenius" is composed of 3 primary schools, a middle school and a school with special teaching. Pupils are 1003, 134 teachers, secretaries 9, a computer technician and 15 school collaborators. The Institute is particularly attentive to multilingualism.

Since last year, subjects are taught in German also in other 4 classes of the primary school.

The teachers are available to innovations and experiments, especially regarding linguistic and methodological aspects, promoting an experimental teaching methodology aimed at the development of students' competences and abilities necessary in an international educational and professional context.

The Institute "J.A. Comenius" promotes school inclusion by giving value to cultural differences present in the Institute through intercultural trainings; offering workshops in small groups for students facing learning difficulties; offering a workshop of "making" giving value to students' abilities and skills to avoid drop-outs and early school leaving favouring students' creativity and entrepreneurship through the participation in projects such as "Trentino Young scientist Challenge".



## THE PROJECT: WHAT WILL YOU DO?

### Middle School

Organization of specific events such as Christmas Party or the End of Year Party, support for computer workshops, activities with the students inside the optional units such as chess tournaments, participation in art workshops as well as in carpentry, music, tailoring, cooking workshop, participation in planning meetings with teacher.

### Primary School

Support in the organization of special events such as: Festival of trees, spring games, Christmas Party. Support in the organization of activities between the bilingual classes of the institute and their twinned classe. Support for pupils with special educational needs or for students with disabilities. Support in the performance of duties during the optional afternoons. Implementation of recreational activities in the afternoon and the optional Giocastudiamo, participation in meetings with class representatives.

the two volunteers will participate in:

- ★ Different tours: visits to museum, monuments and cities.
- ★ Realization of cultural and linguistic workshops. Participate in the lessons of English and German and interact in one of two languages to show the importance for students to learn a foreign language.
- ★ Involvement in coordination activities to promote continuity between kindergarten and primary school and between primary school and secondary school.
- ★ Communication and promotion activities: update the website of the school, prepare flyers for specific events.
- ★ An Italian language course.
- ★ Participation in the InCo monitoring meetings.

★ Your activities will take 30-35 hours/week, from Monday to Friday. Sometimes the volunteer will be requested to take part in activities also during weekends. In any case, volunteers will never collaborate more than 5 consecutive days/week and will always have 2 days off.

The volunteers are hosted according to ESC standard. The volunteer will live in a flat with other volunteers, having a single room or sharing a double room with another volunteer of the same gender. The flat is situated close to the city centre. As for the food, the volunteers will go to lunch at the school canteen and will receive an allowance for the evening, weekends and holiday. Volunteers will receive a transport card from Trentino Trasporti allowing them to travel free throughout the Province of Trento. Volunteers will receive 150,00 € per month as pocket money.

## WHERE WILL I LIVE?



# TRANSPORT



Moving around Trento is quite easy, having multiple bus.

"Vlaggia Trento" Plan your trips inside the province of Trento.

"Trenitalia" Trains to move to different province.

iOS



## INCO'S CONTACT

### Associazione Inco

👉 InCo - Interculturalità & Comunicazione è un'associazione di promozione sociale, senza scopo di lucro, che ha l'obiettivo di promuovere gli scambi e i contatti internazionali, al fine accrescere tra i giovani la sensibilità interculturale e la solidarietà internazionale.

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# CIAO

There are three spoken languages, being Italian the most commonly spoken followed by German and lastly Ladin is still the first language of a really small part of the population. The sentences you'll need to survive your first days in Trento:

**Goodmorning - Buongiorno!**

**Good day - Buona giornata!**

**Goodnight - Buona notte!**

**Excuse me - Mi scusi!**

**My name is (...) and I'm a volunteer in (...) -  
Mi chiamo (...) e sono un volontario della**

**Excuse me I don't speak Italian, do you speak English? -  
Mi scusi non parlo Italiano, parli inglese?**

**Can you speak slowly please? - Puoi parlare lentamente per favore?**

**Where is the bus/train station? - Dov'è la stazione degli autobus/ dei treni?**

**I would like to go to (...) - Mi piacerebbe andare a (...)**

**How much is this?- Quanto costa?**

**I would like to have a beer/juice/water/spritz... -  
Vorrei una birra/succo/acqua/spritz...**

**Can I have the receipt please? - Posso avere la ricevuta per favore?**

**I want to pay with cash/card. - Voglio pagare in contanti/con la carta.**

**Can I ask you a question? - Posso farti una domanda?**

**Excuse me where is the soy milk/ the meat? -  
Mi scusi dov'è il latte di soia / la carne?**

**Please a bag, thanks. - Per favore una borsa, grazie.**

**Where can I buy groceries near my house? -  
Dove posso acquistare generi alimentari vicino a casa mia?**

**Does this plate have (...)? I am allergic / I can't eat that -  
Questo piatto ha (...)? Sono allergico / non posso mangiarlo.**

**Can you repeat that, please? - Puoi ripetere per favore?**

**What are the opening hours? - Quali sono gli orari di  
apertura?**

## APPS

### **Busuu (Best for Beginners)**

Lessons use flashcard methods for vocabulary, matching word exercises, and listening to dialogues by natives.

### **Duolingo**

Probably the most popular app to learn languages, depending on your language what it teaches can be more or less useful.

### **Italki (Best for Oral Practice)**

Probably the most popular app to learn languages, depending on your language what it teaches can be more or less useful.

### **Learn Italian Words Free (Best for free Vocab)**

This App is exactly what it sounds like. If you are looking to learn vocabulary for the cost of niente, (nothing) this is your app. It is very easy to use.

### **Memrise (Best for Gamers)**

Players will fight off an Alien by using correct Italian vocabulary. There is definitely useful vocabulary used on this app!

**Challenge:** Read one piece of news in Italian every day.