### Infopack for you!





### **NEST**

Dear applicant! Thank you for your interest in our project! In this little document you can find all the information which can be useful before applying. If you have any questions, please, email us (evs@incoweb.org)!

Hosting organisation: NEST - Il Faggio Soc. Coop

Some words about Trento.

Trento is the capital city of the autonomous province of Trentino Alto-Adige, situated in the Adige river valley in North Italy. The city has a population around 120.000 inhabitants excluding the periphery layouts and is a major educational, scientific political centre with sheltering the University of Trento which is ranked among the best universities in Italy and in Europe. Having the advantage of being a university city, Trento enjoys a number of student oriented cultural activities also at an international level.

Trento is well-connected to the neighboring cities through railway, among others:

Verona in about one hour Bolzano in 40 minutes and Vicenza in 1,5 hours.



Within easy commute, also, is located the Caldonazzo Lake and the famous Garda Lake which can be reached in about 1,5hours from Trento. The city has a picturesque Medieval and Renaissance historic centre, with typical ancient buildings and touristic attraction points such as the Trento Cathedral and the Castello del Buonconsiglio.

Keep in mind that there are many students in Trento, but they are here to study and there is no nightlife, no discos and most bars close at midnight:-)

# Info about NEST

"Il Faggio" is a cooperative society that has provided students with hospitality and support services since 1981. We offer an ideal of intense coexistence model that contributes to the development of a mature personality, inclined towards critical, open minded and out-of-the-box thinking, to the sense of community and social responsibility. In Trento II Faggio manages 2 student residences and 7 apartments. Since 2005 "Il Faggio" also deals with youth, social and family tourism and manages tourist hospitality facilities (Youth hostels) in northern and central Italy.

Born in September 2015, NEST is the new college for university students in Trento. NEST is a state-of-theart, unique place: it provides students with accommodation in modern, well-finished rooms and a broad array of opportunities for learning and making the best of their academic experience. Revising Anglo-Saxon and Italian colleges of excellence, NEST created a new, more advanced concept of university education, becoming then a project idea extended to all the university residences of the Cooperative II Faggio: the CAMPUS NEST.

We at NEST aim to offer inputs, contexts and tools that university students can use creatively to experiment as protagonists the everyday life and work environment, identifying and developing their talents in connection with the community and the territory. The living and educational experience is funded on innovation and continue-learning related to these three values: sharing, co-responsibility, co-creation.

The NEST educational proposal counts four main areas (Study, Life, Work, World) and an annual Creative Space where students can experience and share creative and personal ideas bringing their own skills into play. NEST also offers a Space for workshops (NEST Lab) aiming to develop technical and soft skills that include vocational workshops, international projects and the NEST Job Experience formula (opportunity for "guided work" in the field for students in organizations or companies, combining, on a direct experiential basis, training with practical experience).

All NEST training courses aim at identifying and developing personal skills that go beyond the standard of university education but constitute an increasingly significant added value on a human and professional level. We aim to develop soft skills in learning-by-doing experiences in order to challenge the gap between theory and practice, smoothing the school-to-work transition and succeeding in limiting youth unemployment. (Area "Work") Another key point of our educational proposal is the International and European perspective both at level of information, relationships and trainings (Area "World").

We firmly believe on the importance of volunteering (national and international) and internships experiences, as formative experiences that can add personal and professional values to the students. In collaboration with "InCo", NEST has been promoting Erasmus+ activities: short term hospitality of volunteers, presentation evenings of university exchanges, international mobility and a project cycle training on project for individual exchanges.

NEST supports a way of working based on solidarity and inclusion values at both hospitality level and educational level. Campus NEST provides a wide range of different offers: from the modern and full-optional residence to the apartments, so that also students with fewer economic opportunities can benefit from our educational proposal.

## Proposed Activities

#### The volunteers' tasks could be summarized:



### **International Reception:**

You will support NEST Front Office service, with the opportunity to acquire and develop the indispensable organizational and relational skills for a Reception service in a university students hall of residence. You will offer a multilinguistic and international dimension to the daily service and the relational approach with the students.

Topics: Skills development, International interaction.

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### **Community & participation**:

You will support us in promoting, designing and sharing community activities (i.e. social/recreational activities, sharing of spaces and services, active citizenship and social campaigning, etc) and their storytelling. The activities will include important interactions with the territory and the local organizations.

The peer-to-peer dynamics will facilitate the proactive involvement of the students.

Topics: Community development, Inclusion, Equality and non-discrimination.



### **Communication:**

You will collaborate with us for an efficient storytelling of NEST activities on the official communication channels: website, social, walls.

In the activity, You will dedicate specific time to share the ESC Program and the Project results on a specific page of NEST website and You will organize, specifically for the CAMPUS NEST students, a presentation of ESC Program and its educational opportunities; You will also realize a video about your ESC experience and she/he will be involved in the InCo Go Social Blog (http://gogosocial.blogspot.com/)

Topics: Community development, Skills development



#### **International Hub & International Network:**

You will support us in the creation of relation spaces and activities of cultural and linguistic sharing for the CAMPUS NEST students and the territory, in a codesign work with the Staff and the students themselves.

Among them: Cultural sharing workshops, Language slices, International food events, International career workshops, Italian language courses, presentation of the Erasmus+ program opportunities (in collaboration with InCo and Erasmus Student Network), etc.

You will support then the planning and development of a NEST International networking strategy, acquiring basic skills in strategic analysis and planning, networking and negotiation.

Topics: Education and training, Skills development, European identity and values.



### Marketing & events:

You will take part at the marketing activities of NEST, contributing in its Marketing Plan updating and realignment specifically on the International target, working with the Staff and with the marketing area student teams and actively taking part at the promotional activities. You will acquire specific skills about Marketing&Communication planning and management, becoming involved in NEST educational proposals and supporting the project activities of both the Staff and the student teams.

This activity is intended as an opportunity to acquire useful skills for a future working choice and it will be shared with an Italian volunteer involved in a Civil Service project at NEST.

Topics: Skills development.







You will get free accommodation for the whole duration of your voluntary service in one of Il Faggio flats for students. You will live in a single or double room and share the apartment with other students of the same gender hosted.

The flat is situated close to the city center. It has a spacious kitchen, a common area, bathrooms and all necessary facilities.

As for the food, the volunteers will receive an allowance of 200,00 € per month. Volunteers will receive a transport card from Trentino Trasporti allowing them to travel free throughout the Province of Trento.

Volunteers will receive 150,00 € per month as pocket money. You will receive also a flat telephone.

### Useful links

Here you can find the website of NEST: http://www.nest-trento.it/en/
Here you can find the website of InCo: http://www.incoweb.org/eng
If you would like to know more about the ESC experience, check out the blog of

the volunteers: http://www.incoweb.org/eng/Volunteers-say

Our contact: evs@incoweb.org

