# Infopack for you!

# Fondazione S. Vigilio



## Dear applicant!

Thank you for your interest in our project! In this little document you can fin all the information which can be useful before applying.

Contact person: Noemie Paulus, project coordinator (noemie.paulus@incoweb.org)

Hosting organisation: Fondazione S. Vigilio

(http://www.fondazionesanvigilio.it/frontend/en chisiamo.htm)

#### Some words about Ossana

The Val di Sole is situated in the Northwest of the Autonomous Prince of Trento, along the upper reaches of the Noce River. The valley is surrounded by several mountains groups and the Alps: in the north the Ortles-Cevedale, in the south the Brenta Group and in the west the Adamello-Presanella; this are the principal mountains chains that surrounded the valley. Val di Sole has a population of 15.000 inhabitants.

Ossana is at about 70 km from Trento (the capital city of Trentino) and 70 km from Bolzano (the capital city of Alto Adige). Trento (about 3 hours with public transportation) and Cles, the main city of the Val di Non (about 40 minutes) can be reached by train thanks to efficient public transport. The area of Ossana is well known for many activities and sport events related with the Mountain Bike, rafting and kayak during the summer, and in winter the ski.

## **Proposed activities**

During the first month volunteers should familiarize themselves with the activities to be developed, the language and the staff members of FSV., the volunteers will have the possibility to organize and carry out his/her own projects which could involve the presentation of his/her own culture or any other subject s/he consider appropriated, being in any case under the supervision of the staff.

Once s/he gain confidence with the working environment, the volunteer will be asked to organize his/her own entertainment projects (alone, with the other Italian volunteers), according to his/her

capacities and interests. Volunteers could organize: sport activities, music or theatre workshops, dancing activities or typical games of his/her country, etc.

The volunteer will be involved in the daily activities of the Foundation. The volunteers' tasks could be summarized as the following:

Recreational and educational activities in the boarding school. Collaborate with the educators in the:

- organization of recreational activities for the students hosted at the boarding school such as cineforum, board games, sport events, handicraft, cooking, etc.).
- assistance and support in studying for the students hosted at the boarding school (homework),
- organization of the boarding school and sharing of convivial moments such as having dinner with the students.

Promotion and communication activities for youth and design of project in the field of youth

- Updating of the Website and design of the newsletter,
- Design, drafting and evaluation of projects for youth of the Val di Sole.

Organization and implementation of the different activities of the FSV and its partners such as

• Recreational activities at the botanical garden, the castle and youth centers and collaboration with the Piani Giovani di Zona, the local and provincial youth Policy departments, as "Giochiamo all'Inglese", "Summer camp Trentino", cultural events, events to promote projects in developing countries, youth exchanges.

Moreover, volunteers will have the opportunity to be involved in parallel activities together with other volunteers hosted in other receiving organizations coordinated by InCo. The topic of the parallel activities will change according to the project. (Making games, organising events, exhibitions, etc.)

## Food and accommodation

You will live in an apartment which has 2 rooms each one with a double-bed, a living-room with kitchenette and a private bathroom.

Regarding the board, the Foundation will provide its own restaurant service during the whole week. For dinner volunteers eat together with students and for the other meals volunteers will do "shopping" in the kitchen of the boarding school. The volunteers will be able to use the apartment kitchen depending on their own needs.

NB: The foundation is closed during Christmas Holidays that is between the 24<sup>th</sup> of December and the 7<sup>th</sup> of January.

## **Useful links**

Here you can find the website of Civica: <a href="http://www.civicatnapsp.it/">http://www.civicatnapsp.it/</a>

Here you can find the website of InCo, the coordinating organisation: <a href="http://www.incoweb.org/eng">http://www.incoweb.org/eng</a>

If you would like to know more about the EVS experience, check out the blog of the volunteers: <a href="http://www.incoweb.org/eng/Volunteers-say">http://www.incoweb.org/eng/Volunteers-say</a>